



READYDC: PERSONAL PREPAREDNESS

Preparing for emergencies isn't hard. It only takes a little bit of effort to make a big difference if a disaster would impact you and your family. Emergency preparedness is a shared responsibility, so we're asking you to become a preparedness partner. Talk to your family about ReadyDC:



BE AWARE

The District is vulnerable to a variety of hazards: natural (hurricanes, floods and winter storms); acts of terrorism (biological attacks and active shooter incidents); and technological (hazardous material incidents and chemical/fuel explosions). Each hazard presents different challenges, so you and your family need to be prepared before, during, and after.



STAY INFORMED

AlertDC sends you emergency alert and warning notifications from the District via email or text. Sign up now at alertdc.dc.gov



MAKE A PLAN

Having a plan is the most important way you can help yourself in the case of a disaster or emergency. ReadyDC shares tips on plans for family, seniors, people with disabilities and/or functional needs, pets, and home.



BUILD A KIT

An emergency kit is a container of items your family may need during or after an emergency. Your emergency kit should be in an easily accessible place in your home and clearly marked for any family member to find. You should also build separate emergency kit to have in your vehicle and/or at work, in case an emergency occurs when you are away from home.

For more information, visit ready.dc.gov/kit

GENERAL SUPPLIES

- Water, one gallon of water per person per day for at least three days, for drinking and sanitation
- Food, at least a three day supply of non-perishable food
- Radio, either battery-powered or hand-crank, and extra batteries (Make sure you are changing your batteries at least once a year)
- Flashlight and extra batteries
- First aid kit
- Whistle, to signal for help
- Dust mask, to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place
- Emergency blankets
- Local maps
- Wrench or pliers to turn off utilities
- Cash
- Cell phone charger, solar or battery powered
- Manual can opener
- Copies of important documents (insurance policies, prescriptions, phone lists)

SUPPLIES FOR INFANTS

- Baby food and spoons
- Formula, bottled water, bottles and nipples
- Diapers, wipes, and diaper rash cream
- Blankets, pacifiers, and layers of clothing
- Small, easy to carry toys
- Medications

SUPPLIES FOR PETS

- Pet food and extra water
- Medications and medical records for your pet (including vaccinations)
- Pet first aid kit
- Collar with ID tag, harness, leash, and crate or other pet carrier
- Plastic bags or litter for sanitation
- Small toys or treats

ADDITIONAL SUPPLIES FOR PERSONS WITH DISABILITIES OR ACCESS AND FUNCTIONAL NEEDS

- Supplies for your service animal, if you have one
- At least a week's supply of medication or medical supplies
- Medical alert tags or bracelets or written descriptions of your disability and support needs, in case you are unable to describe the situation in an emergency
- Medical insurance cards, Medicare/Medicaid cards, physician contact information, list of your allergies and health history
- Extra eyeglasses or backup supplies for any visual aids you use
- Extra batteries for hearing aids or extra hearing aids
- Battery chargers for motorized wheelchairs or other battery-operated medical/assistive technology devices
- Copies of medical prescriptions, doctors' orders, and the style and serial numbers of the assistive devices
- If you use a motorized wheelchair, have a light weight manual chair available for emergencies (Know the size and weight of your wheelchair, in addition to whether or not it is collapsible, in case it has to be transported)