

COULD YOU HELP YOUR FAMILY TAKE CARE OF EACH OTHER FOR AT LEAST THREE DAYS?

In an emergency, help may be limited. Your family should have enough food, water and supplies for at least three days or until the danger has passed.



BE AWARE

The District faces many kinds of emergencies including hurricanes, floods, winter storms, power outages and more. Each emergency requires you to act in a different way to keep you and your family safe.

Do you know what to do if there is a hurricane or winter storm? What about how to take shelter during a tornado or earthquake? Learn about these emergencies, at Ready.DC.gov, so you can make good choices in an emergency situation.

PROTECT YOURSELF BEFORE AN EMERGENCY:

- Learn about the types of emergencies Washington, DC could face.
 - Look and listen to what is going on around you.
- If you see anything strange or dangerous going on, tell a trusted adult, police officer or firefighter immediately.

HOW TO HELP YOU AND YOUR FAMILY BEFORE, DURING AND AFTER AN EMERGENCY:

Emergencies and disasters can strike anyone, anytime and anywhere. They can happen quickly and without warning. You may have to leave your neighborhood or shelter in your home for several days. It is vital you understand what different disasters could mean for you. This guide features tips you and your family can use to prepare and stay safe.

This document was prepared under a grant from FEMA's Grants Programs Directorate, U.S. Department of Homeland Security. Points of view or opinions expressed in this document are those of the authors and do not necessarily represent the official position or policies of FEMA's Grants Programs Directorate or the U.S. Department of Homeland Security.



KIDS

GET READY, DC!

DISASTERS AFFECT EVERYONE
AND IT TAKES KIDS AND
PARENTS TO PREPARE



CONNECT WITH US:

2720 Martin Luther King Jr. Ave., SE
Washington, DC 20032
Phone: (202) 727.6161
Fax: (202) 715.7288
TTY: (202) 730.0488
hsema.info@dc.gov



I AM
CREATING
A PLAN WITH
MY MOM



MAKE A PLAN

Having a plan in case of a disaster or emergency makes sense and will help you be prepared during an emergency situation. Sit down with your parents and help them make an emergency plan, so that you are ready to help keep everyone safe. Your family plan should include:

1. HOW WILL YOU GET IN TOUCH WITH EACH OTHER?

During an emergency, it may be easier to reach someone who is out of town or send a text rather than talk. Pick the same person for each family member to call, text or email.

2. WHERE WILL YOU MEET?

Choose a meeting spot near your home, and a spot outside of your neighborhood. Practice getting there from school, friends' houses and after-school activities.

Keep your family's contact information and meeting spot location in your backpack or wallet, taped inside your school notebook or in your cell phone.

3. HOW WILL YOU ESCAPE YOUR HOUSE IN CASE OF A FIRE?

Create a fire escape plan with two ways out of every room and practice it twice a year.



BUILD A KIT

Build a family emergency kit. Your emergency kit is like a toolbox that has all of the tools you need to keep you safe. It is important for families to work together to build an emergency kit before an emergency strikes.

Your family's emergency kit can be a large box or a backpack, but make sure it is easy for you to carry. Your kit should have:

- Your family's contact information (name, phone numbers and email)
- Prescription medicines
- A flashlight
- A set of clothes
- A toothbrush and hair comb
- Non-perishable snacks
- A coloring book and crayons
- Travel size games
- A favorite toy

GO TO
READY.DC.GOV
FOR MORE
INFORMATION



I KNOW HOW TO
REACH MY FAMILY
AND WHERE WE
SHOULD MEET



STAY INFORMED

Before, during and after a disaster, listen for instructions from your parents and helpers like police officers, firefighters, teachers, doctors and nurses to tell you what to do to stay safe.

D	C	Q	N	H	U	B	G	B	G	O	B	U	P	R
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V	C	N	E	D	K	P	A	P	P	J	N	L	R	I
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Find these words:

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| <input type="checkbox"/> AWARE | <input type="checkbox"/> KIT | <input type="checkbox"/> PLAN |
| <input type="checkbox"/> BACKPACK | <input type="checkbox"/> MEETING | <input type="checkbox"/> RADIO |
| <input type="checkbox"/> EMERGENCY | <input type="checkbox"/> PHONE | <input checked="" type="checkbox"/> READYDC |
| <input type="checkbox"/> FAMILY | <input type="checkbox"/> PLACE | <input type="checkbox"/> SAFETY |