

PREPARING FOR AN ACTIVE SHOOTER



BE AWARE

Recent national tragedies remind us the risk is real - an active shooter incident can happen in any place, at any time.

To make sure you and your loved ones stay safe, take a few minutes to think about what you would do when every second counts.

TAKE AN ACTIVE ROLE IN YOUR OWN SAFETY

NOW PREPARE

If you see something suspicious, say something.

Identify exits and good places to hide.

Learn and practice first aid skills and use of tourniquets.

DURING SURVIVE



Run



Hide



Fight

AFTER BE SAFE

Help others survive.

Help law enforcement.

Seek medical help.

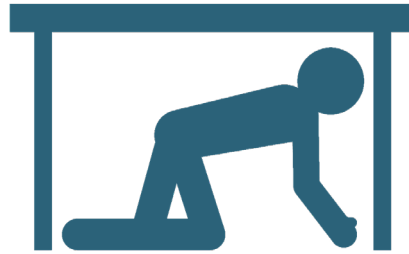
Seek help to cope with psychological trauma.

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RUN

- Evacuate even if others will not follow
- Leave your belongings behind
- Help others escape, if possible
- Keep your hands visible
- Follow the instructions of police officers
- Do not attempt to move wounded people
- Call 911 when you are safe



HIDE

- Remain quiet and calm
- Find a place to hide that is out of the shooter's view
- Avoid trapping yourself or restricting your options for movement
- If you are confined to a room, lock the door and block it with heavy furniture
- Silence your cell phone and turn off vibration mode; turn off radios and televisions



FIGHT

As a last resort, and only when your life is in imminent danger, attempt to disrupt and/or incapacitate the active shooter by:

- Acting as aggressively as possible against the shooter
- Throwing items and if possible using any improvised weapons
- Yelling and making loud noises
- Act as a group and commit to your actions

Follow the Metropolitan Police Department and DC Homeland Security and Emergency Management Agency:



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