# LOW AND NO COST PREPAREDNESS GUIDE 

The impacts from disasters and emergencies can be costly, but preparing yourself, your family, home, or business doesn't have to be! Did you know there are steps you can take to better prepare for an emergency that have little to no cost required?

ReadyDC offers free resources and information to help you prepare! Follow these steps to save yourself time and money when an emergency or disaster strikes.

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- Understand the types of emergencies and hazards we face in the District of Columbia by visiting the ReadyDC website: ready.dc.gov
- Sign up for free email or text updates from District officials on weather, traffic, public safety impacts, and more with AlertDC: alert.dc.gov
- Develop an emergency communications plan with important contact and medical information for you or your family, which can be shared with neighbors or close friends.
- TIP: Store a paper copy in your emergency kit and a digital copy in your email

- Create an emergency plan by talking with family or members of your household about where you'll meet if you're separated at the start of an emergency
- Review free ReadyDC resources available in the District's 6 languages: ready.dc.gov/resources
- Start small and build your emergency kit over time! Purchase one extra item each trip you make to the grocery store, discount retailers, and/or community foodbank.
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